

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

12843



2 - LABEL SAMPLE

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RIPPED FUEL 200

Ripped Fuel is a great thermogenic product containing ma huang (herbal form of ephedrine), guarana (herbal form of caffeine), l-carnitine, and chromium picolinate.

120 capsules per bottle.

Two capsules provide:

334 mg Ma Huang extract (standardized for 6% ephedrine)

910 mg Guarana extract (standardized for 22% caffeine)

100 mg L-Carnitine

200 mcg Chromium Picolinate.

Dosage Recommendations: Take two capsules before morning workout on an empty stomach. Also, take two capsules before afternoon and evening meals. Do not exceed 6 capsules daily.

200 Caps

RIPPED FUEL 200 RF200 Our Low Price: \$50.95 Super Blow Out

Price: **\$42.95** Order Now!

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Ephedrine's deadly edge.



U.S. News & World Report 1997 Jul 7;123(1):79-80

Turk MP
(971416)

For several years, products containing ephedrine, a powerful stimulant extracted from the herb ma huang (ephedra), have been especially popular. Reported benefits include weight loss, increased energy and enhanced potency. Ephedrine stimulates the heart and central nervous system, and is sometimes used by teenagers as a legal "high." Since 1993, the Food and Drug Administration (FDA) has compiled more than 800 reports of adverse reactions due to ephedra-based products, including strokes, high blood pressure, heart palpitations, seizures and heart attacks. Dietary supplements that contain ephedrine have been linked to three dozen deaths. The quantity of ephedrine in a product is sometimes unspecified, and many products include 6 to 20 other ingredients, such as caffeine, in addition to ephedrine. Harvard and Vanderbilt medical schools are currently conducting a joint study of ephedra formulations to evaluate them for effectiveness against obesity.

Keywords: Drugs, non-prescription; Herbal medicine; Herbs; Stimulants

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